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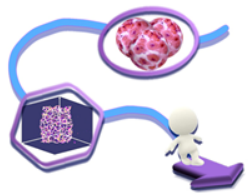
# INGEGNERIA DEI TESSUTI BIOLOGICI: DYNAMIC MECHANICAL ANALYSIS (DMA)

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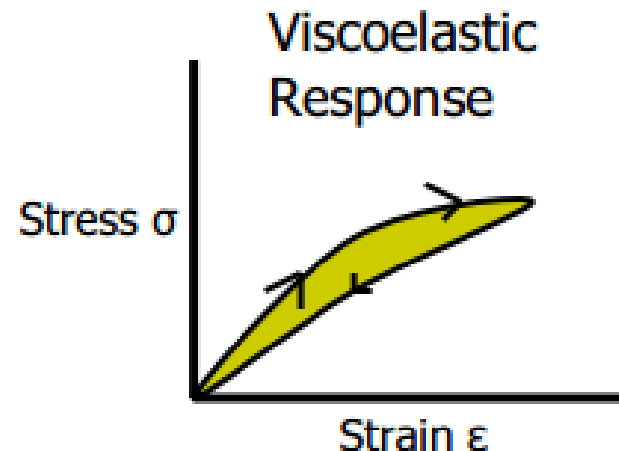
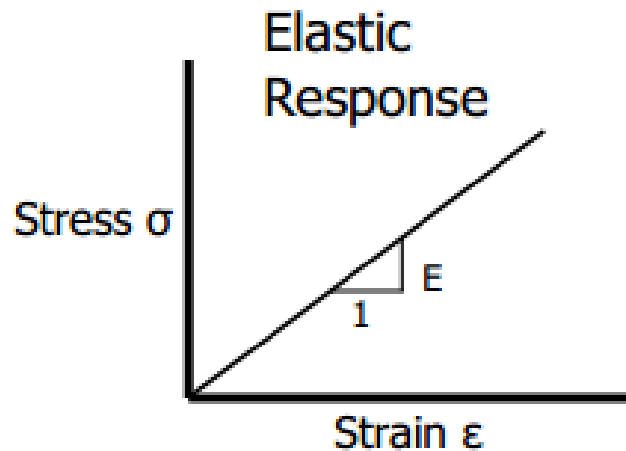
*3 Aprile 2014*

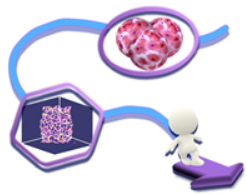




# Viscoelasticity

- **Viscoelastic materials** exhibit the characteristics of both elastic and viscous materials
  - Viscosity  $\rightarrow$  resistance to flow (damping)
  - Elasticity  $\rightarrow$  ability to revert back to the original shape
- **Elastic vs. viscoelastic** stress-strain response

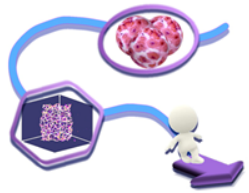




# Methods to characterise viscoelasticity

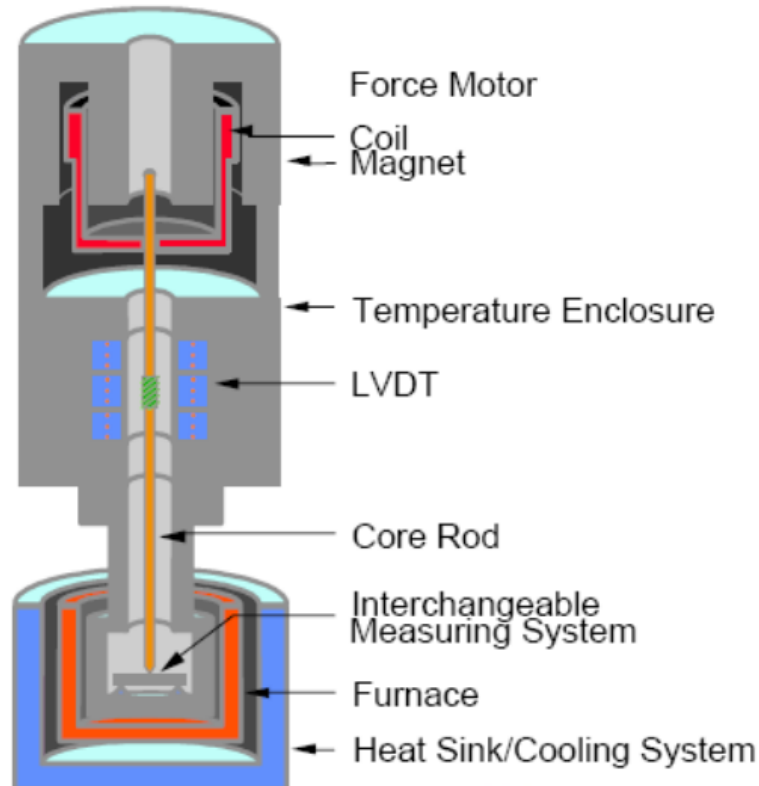
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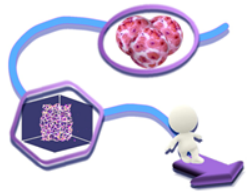
- **Time domain**
  - Creep response
  - Stress relaxation
  - Epsilon dot Method ( $\dot{\epsilon}M$ , Tirella A. et al., JBMR 2013)
- **Frequency domain**
  - Dynamic mechanical analysis (DMA)
  - Dynamic mechanical thermal analysis (DMTA)



# DMA overview

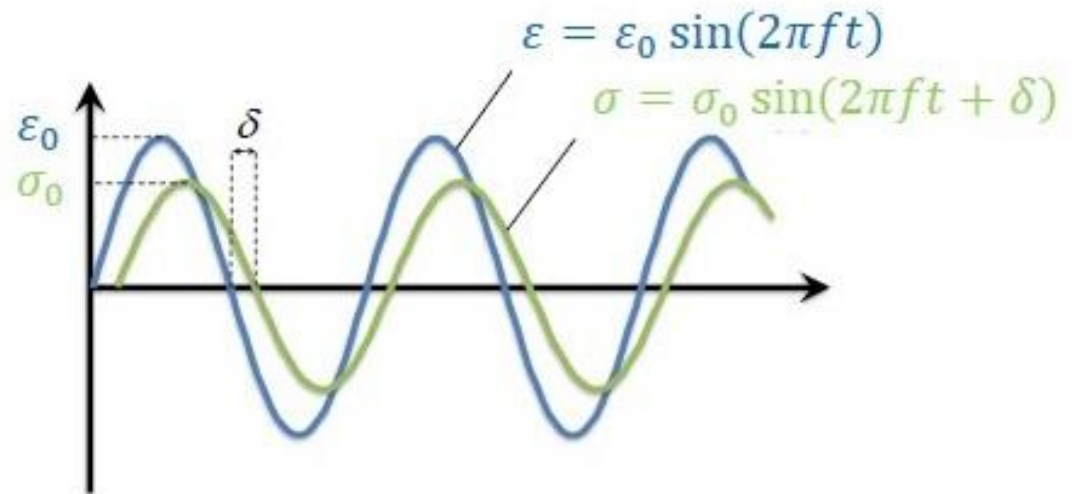
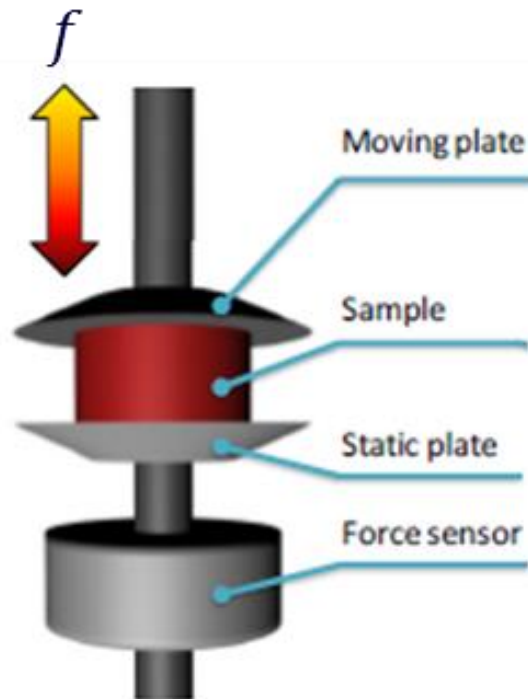
- Dynamic mechanical analysis (DMA) is a standard **force-triggered method** to **determine viscoelastic properties** of materials by **applying a small amplitude cyclic strain** on a sample and **measuring the resultant cyclic stress response**.



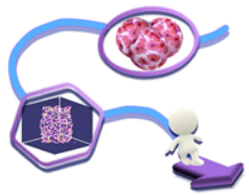


# DMA overview

- For a given **sinusoidal strain input** the resulting **stress will be sinusoidal** if the **applied strain is small enough** so that the tissue can be approximated as linearly viscoelastic.

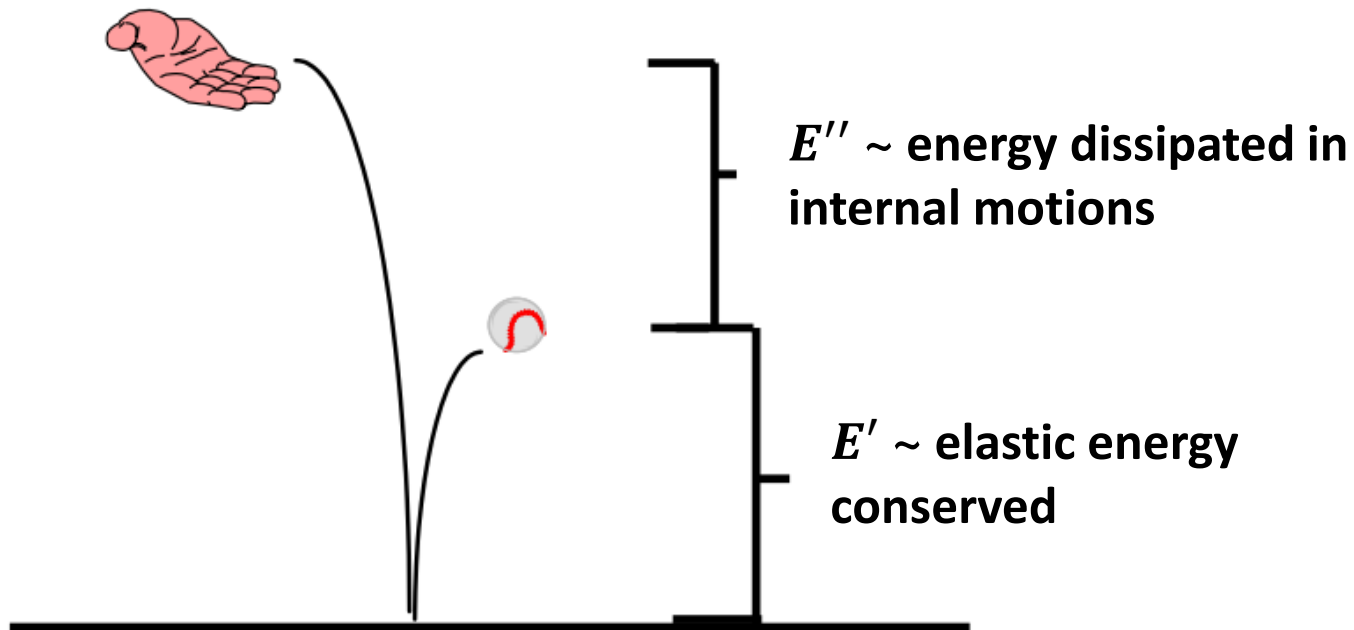


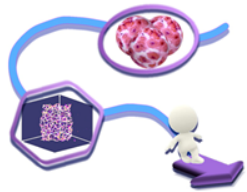
Viscoelastic material response is characterised by a **phase lag ( $\delta$ )** between the strain input and the stress response, which is comprised **between  $0^\circ$  (purely elastic) and  $90^\circ$  (purely viscous)**. This phase lag is **due to the excess time necessary for molecular motions and relaxations** to occur.



# Complex, storage and loss modulus

- The dynamic mechanical properties are quantified with the **complex modulus** ( $E^*$ ), which can be thought as an **overall resistance** to deformation under dynamic loading. The complex modulus is composed of the **storage** ( $E'$ , elastic component) and the **loss** ( $E''$ , viscous component) moduli, that are **additive under the linear theory of viscoelasticity** ( $E^* = E' + iE''$ ).

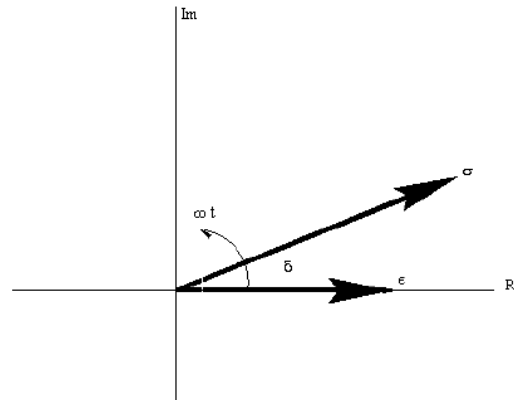
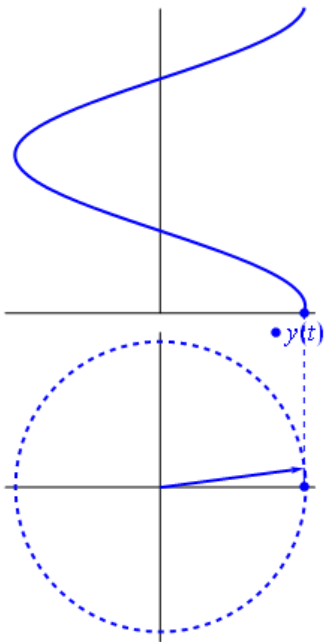




# Definitions

- It is convenient to represent the sinusoidal stress and strain functions as complex quantities (called rotating vectors, or **phasors**) with a **phase shift** of  $\delta$ .

$$\varepsilon = \varepsilon_0 e^{i\omega t} \quad \sigma = \sigma_0 e^{i(\omega t + \delta)}$$



Observable  $\sigma$  and  $\varepsilon$  can be viewed as the projection on the real axis of vectors rotating in the complex plane at the same frequency  $\omega$

Rotating vector representation of harmonic stress and strain

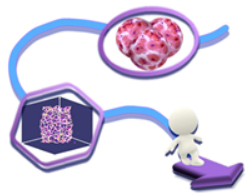
$$\begin{aligned} \mathbf{E}^* &= \frac{\sigma}{\varepsilon} = \frac{\sigma_0}{\varepsilon_0} e^{i\delta} = \\ &= \frac{\sigma_0}{\varepsilon_0} (\cos \delta + i \sin \delta) = \\ &= \mathbf{E}' + i\mathbf{E}'' \end{aligned}$$

Storage modulus  
 $E' = E^* \cos(\delta)$

Loss modulus  
 $E'' = E^* \sin(\delta)$

$\tan(\delta) = E''/E'$  Damping factor

$\eta' = E''/\omega$  Dynamic viscosity

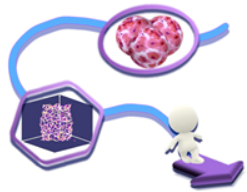


# Test modes

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- **Temperature sweep:** Modulus and damping are recorded as the sample is heated
- **Frequency sweep:** Modulus and damping are recorded as the sample is loaded at increasing (or decreasing) frequencies
- **Stress amplitude sweep:** Modulus and damping are recorded as the sample stress is increased
- **Strain amplitude sweep:** Modulus and damping are recorded as the sample strain is increased
- **Combined sweep:** Combinations of above methods



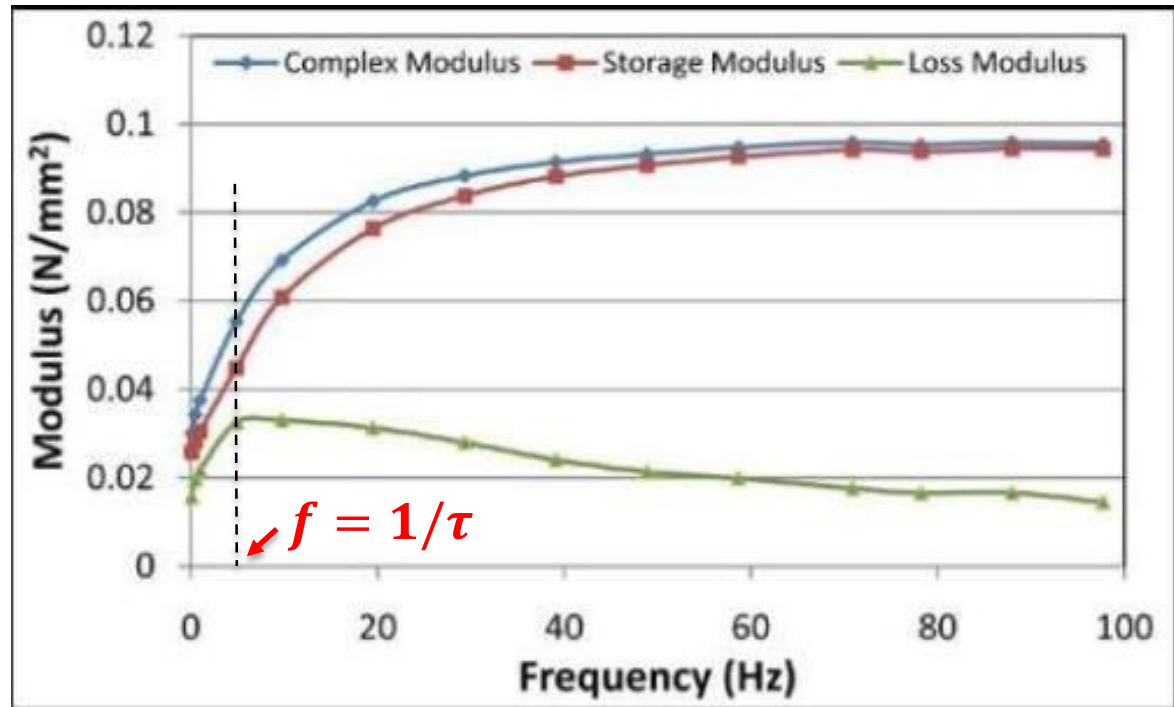
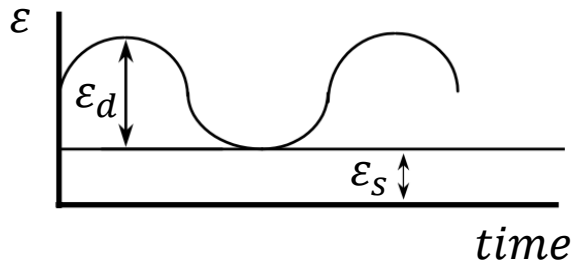


# Frequency sweep tests

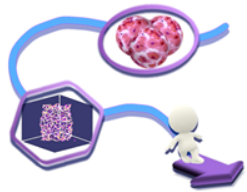
- A sample is held to a **fixed temperature** and tested at **varying frequency**.

## Test parameters:

- Temperature ( $T$ )
- Frequency range ( $f$ )
- Static strain ( $\epsilon_s$ )
- Dynamic strain ( $\epsilon_d$ )

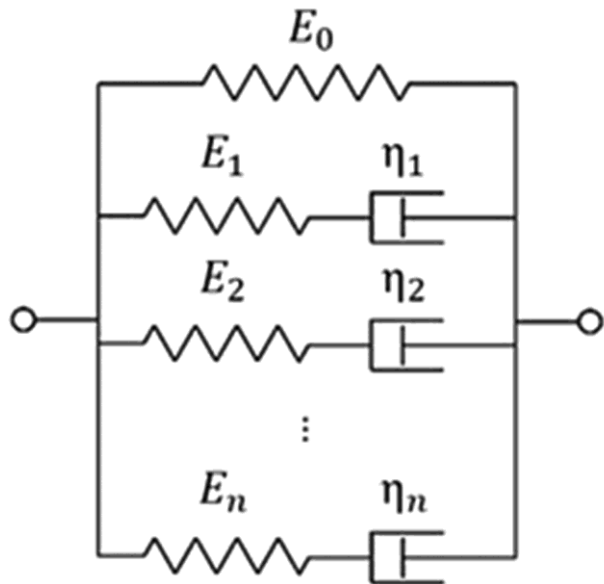


- **Peaks in  $\tan(\delta)$  or  $E''$**  with respect to frequency identify the **characteristic relaxation frequencies** of the viscoelastic sample under testing, defined as  **$f = 1/\tau$** , where  $\tau$  is the **characteristic relaxation time**)



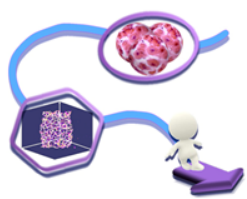
# Lumped models to describe material linear viscoelastic response

- The most general form of linear viscoelastic model is called the **Generalised Maxwell (GM)** model and consists of a **pure spring ( $E_0$ )** with  **$n$  Maxwell arms** (i.e. spring  $E_i$  in series with a dashpot  $\eta_i$ ) assembled **in parallel**, thus defining a set of  **$n$  different characteristic relaxation times** (i.e.  $\tau_i = \eta_i/E_i$ )



$$H_{GM}(s) = \frac{\bar{\sigma}}{\bar{\epsilon}} = E_0 + \sum_{i=1}^n \frac{E_i \eta_i s}{E_i + \eta_i s}$$

GM model transfer function in the Laplace domain

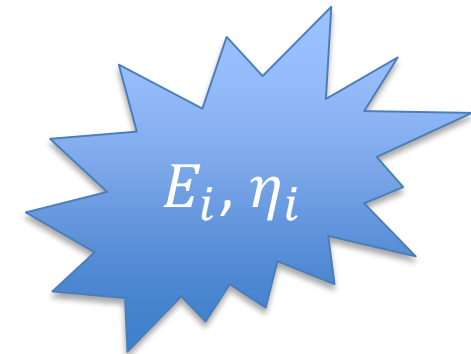
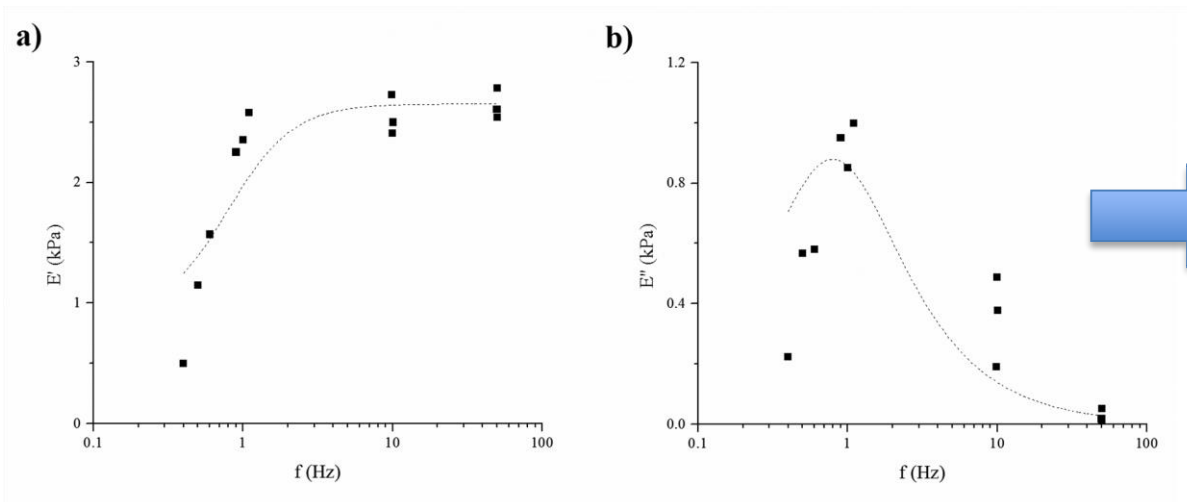



# Lumped parameters derivation from frequency sweep tests

- Calculate the **complex conjugate of the GM modulus** ( $E_{GM}^*$ ) by substituting  $s = i \omega = i 2\pi f$  in  $H_{GM}(s)$ , then **split the expression into its real (Re) and imaginary (Im) parts** to obtain the **frequency-dependent relations for the storage and loss moduli**, respectively

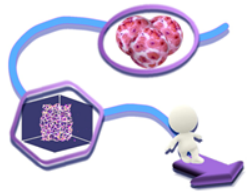
$$E_{GM}^*(f) = \underbrace{\left( E_0 + \sum_{i=1}^n \frac{4 E_i \eta_i^2 f^2 \pi^2}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right)}_{E'(f)} + i \underbrace{\left( \sum_{i=1}^n \frac{2 E_i^2 \eta_i f \pi}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right)}_{E''(f)}$$

- Global fitting with shared parameters** ( $\chi^2$  minimisation)

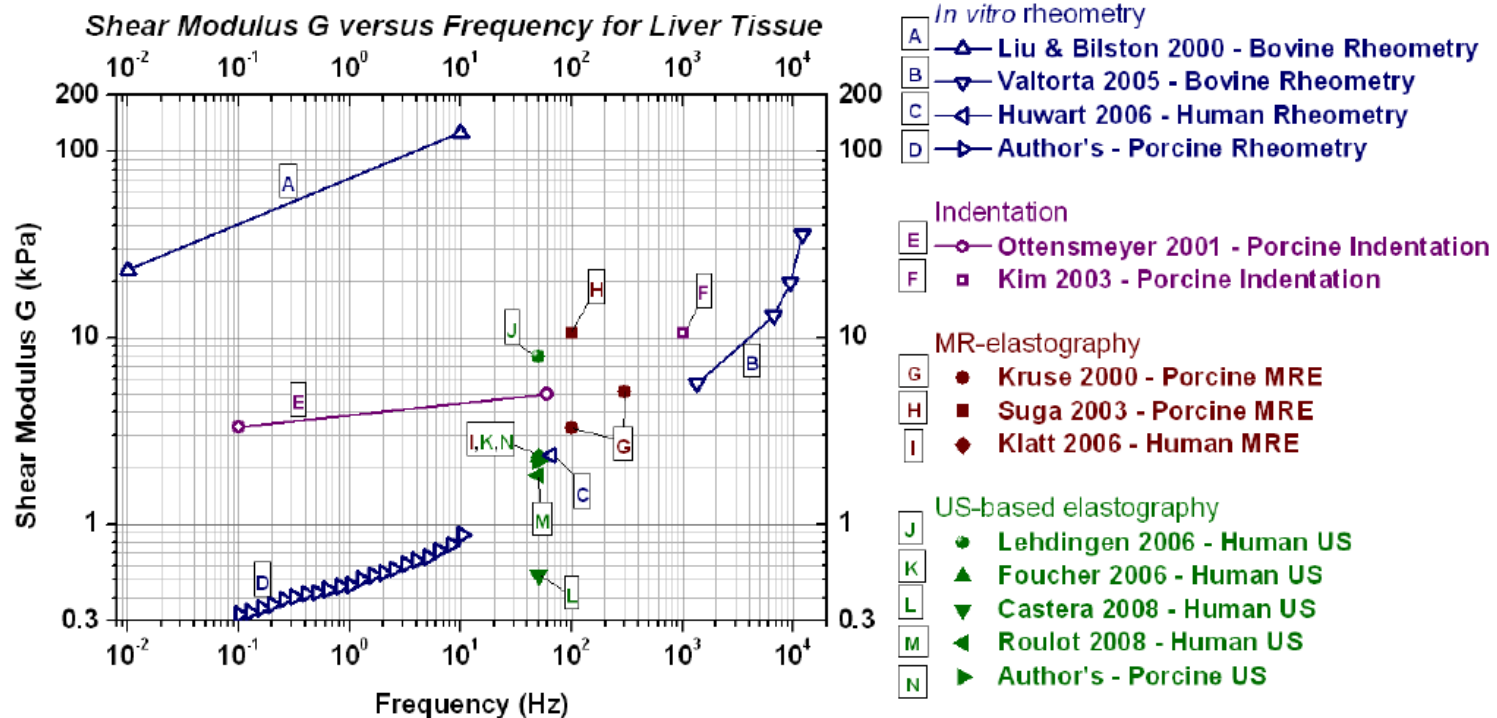




**CASE OF STUDY:  
THE LIVER**



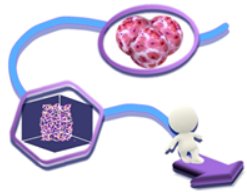
# SoA: a myriad of different results



Source: S. Marchesseau et al., *Progress in biophysics and molecular biology*, 103:2–3, pp. 185–96, 2010



Many **variables and factors** affect measured liver mechanical properties, leading to a **lack of consensus and unique properties**, which are **critical for developing appropriate viscoelastic models**



# Typical variability factors

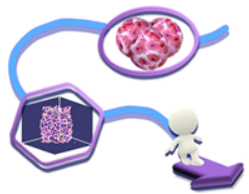
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- **Testing condition**
  - *in-vivo*: tissue in its **natural state**, but many **testing limitations**
  - *ex-vivo*: better for **developing testing devices, protocols and tissue models**
- **Testing method and experimental setup**
  - **Direct measurements or image-based techniques**
  - **Time, strain rate or frequency range** considered
- **Tissue sample**
  - **Type and source**: animal source, presence of Glisson's capsule
  - **Status**: environmental testing parameters, physical conditions, post-mortem time, preservation period, pathophysiological state, preload



From this multifaceted research area emerges **the need to:**

- 1. clearly identify the parameters of interest**
- 2. develop suitable experimental testing setup and protocols for the unique identification of liver viscoelastic parameters**

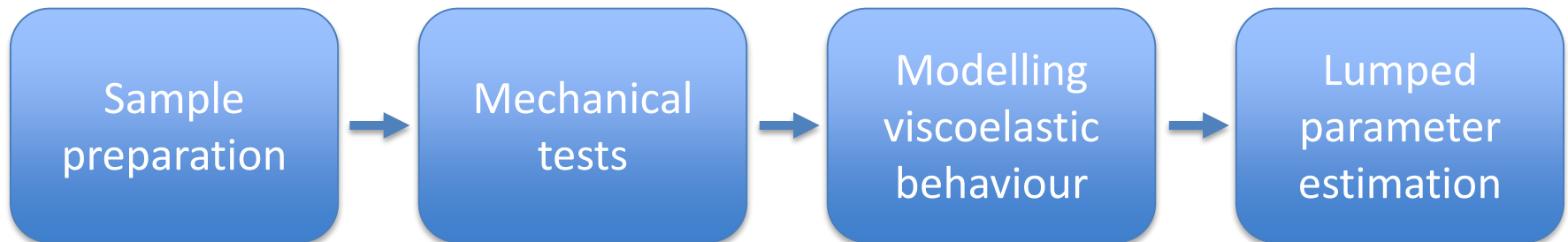


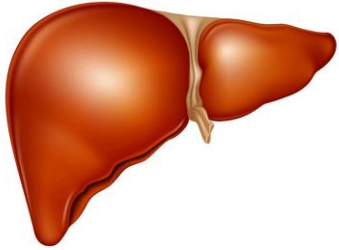
# Aim and strategy

**AIM:** establishing an **experimental testing and analysis framework** to **unequivocally** characterise the **liver viscoelastic behaviour** in the **LVR** (linear viscoelastic region)

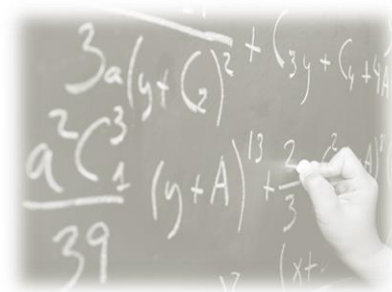
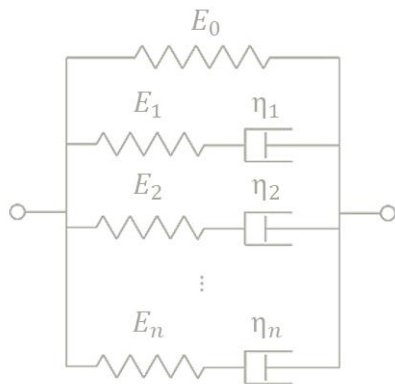
**STRATEGY:** *ex-vivo* measurements in **unconfined compression** using **common testing apparatus** and **2 different testing methods**

- **$\dot{\epsilon}M$** , a solution to **avoid major drawbacks** of force- or strain-triggered methods in **testing floppy samples** (e.g. **long test duration** and significant **sample pre-load**)
- **step-reconstructed DMA**, a modification of a **widely used technique** for viscoelastic characterisation of materials

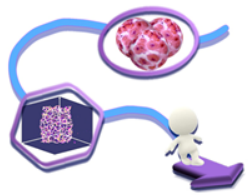




# Sample preparation

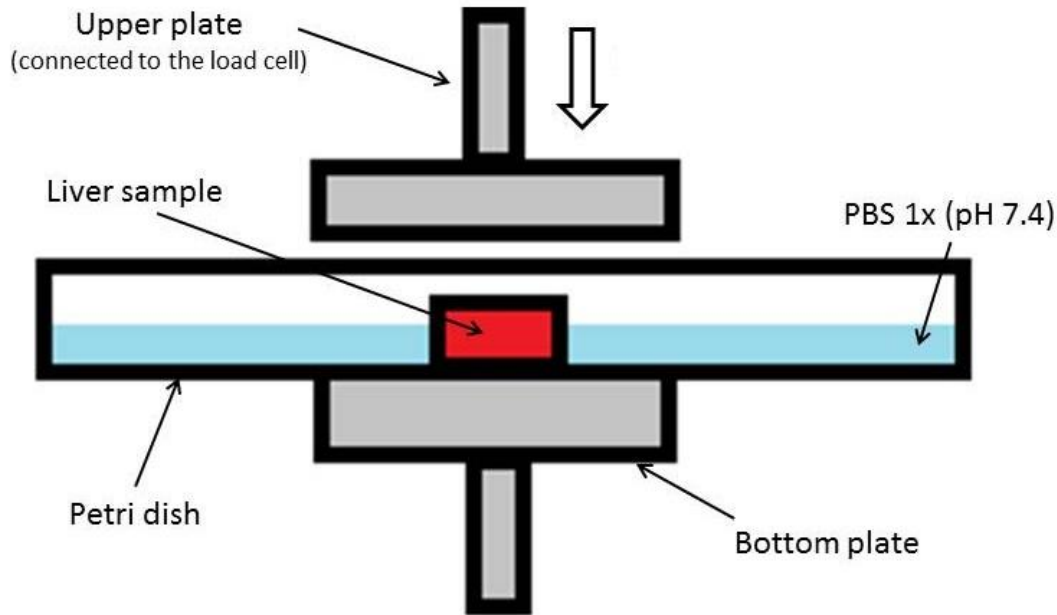




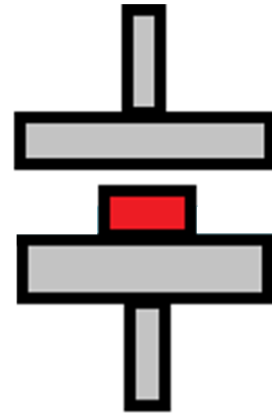
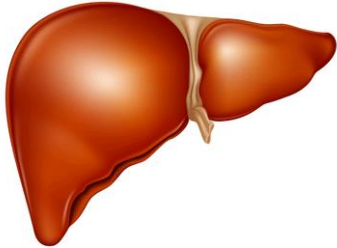


# Sample preparation and testing configuration

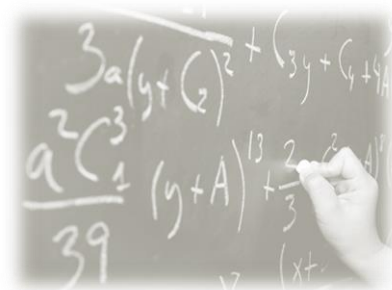
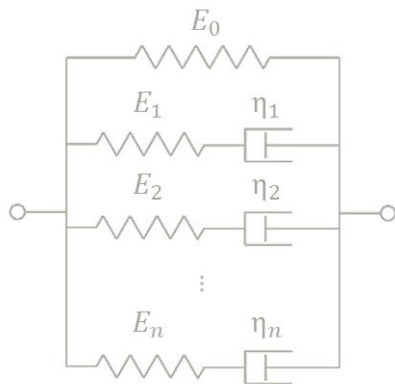
- **Cylindrical liver samples** (14 mm diameter, 3 mm thickness) collected from **1 year old healthy pigs avoiding Glisson's capsule and macroscopic vasculature**
- **Repeatable testing condition** → samples **equilibrium swollen in PBS 1x at 4°C**, then **brought to room T and carefully measured** prior testing

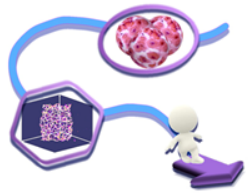


**Testing configuration**



# Mechanical tests

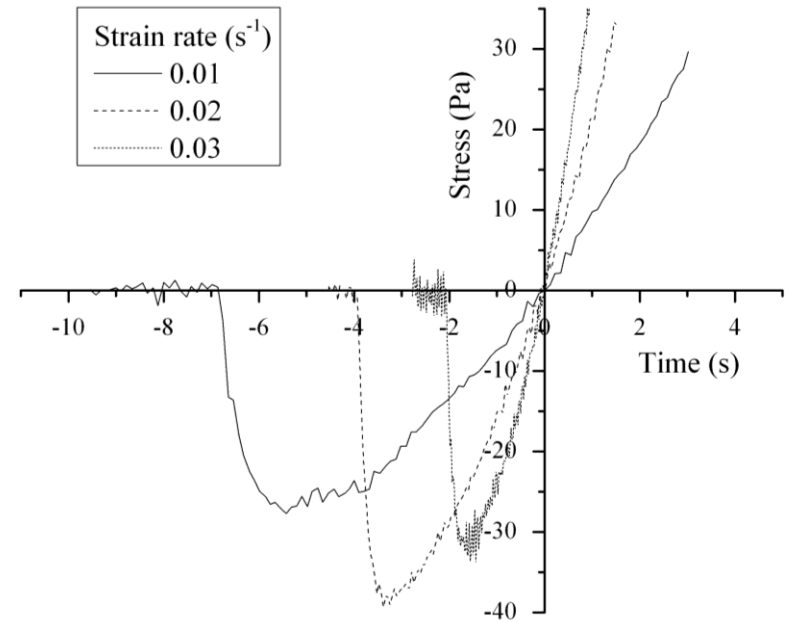
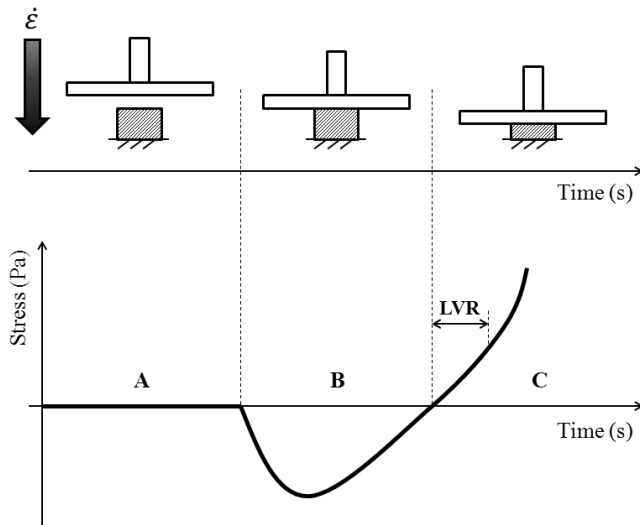




# $\dot{\epsilon}M$ : short test with no pre-load

A. Tirella, G. Mattei, A. Ahluwalia, JBMR Part A (2013)

**$\dot{\epsilon}M$  paradigm:** characterise the material viscoelastic behaviour testing samples at different constant strain rates ( $\dot{\epsilon}$ ), then analysing  $\sigma(t)$  curves

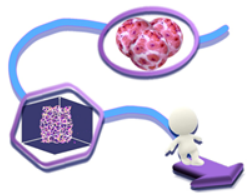


**Experimental stress-time data at various  $\dot{\epsilon}$**   
(only LVR values are shown in zone C)

*Zwick/Roell 2005, 10N load cell*

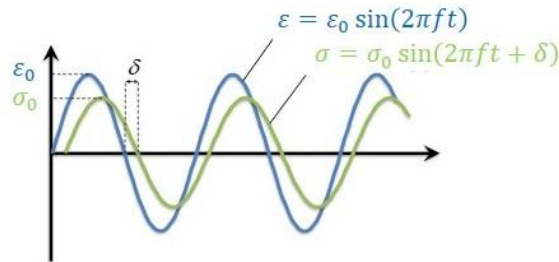
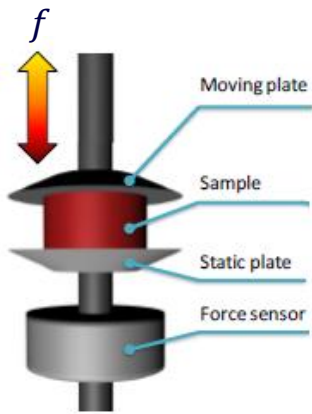
*3 samples  $\times$  3  $\dot{\epsilon}$  = 9 samples*

- ✓ Implementable with **all uniaxial testing devices**
- ✓ **Force-displacement time recording** starts **prior to sample contact**  $\rightarrow$  **no pre-load**
- ✓ **Short test duration**  $\rightarrow$  **no sample deterioration**
- ✓ **LVR** determined through **measured  $\sigma$ - $\epsilon$  curves**
- x Need **preliminary tests** or an ***a priori* knowledge of the material relaxation behaviour** to **choose  $\dot{\epsilon}$**



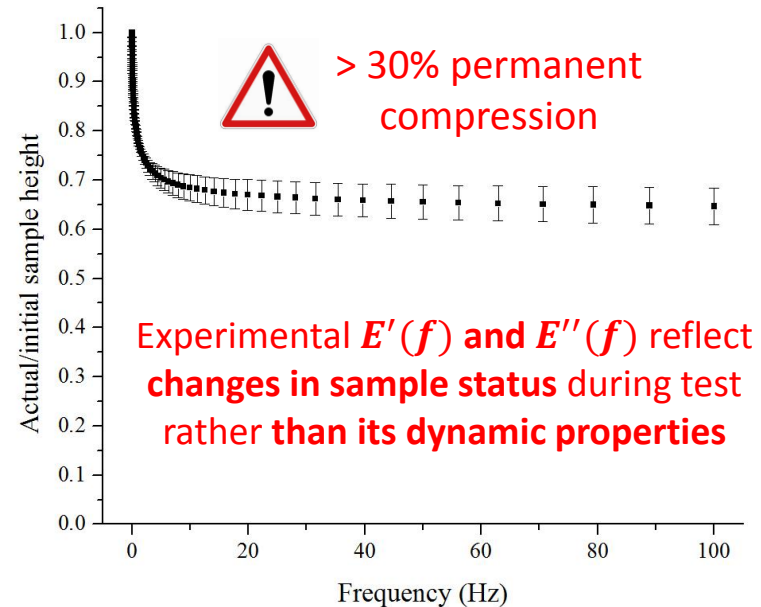
# DMA: a widely accepted method

**DMA paradigm:** characterise viscoelastic behaviour testing samples at **different frequencies ( $f$ )**, then analysing  $E'(f)$  and  $E''(f)$



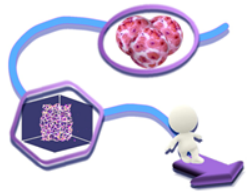
$$E' = \frac{\sigma_0}{\epsilon_0} \cos(\delta) \quad E'' = \frac{\sigma_0}{\epsilon_0} \sin(\delta) \quad E^* = E' + iE''$$

- ✓ Largely accepted for viscoelastic characterisation
- ✓ Wide frequency sweep tests **simplify testing set-up** avoiding preliminary tests or any *a priori* knowledge
- x Long testing time may **degrade the sample**
- x Trigger force may **significantly pre-load samples**
- x **Preliminary strain-sweep tests** to derive the LVR



**Permanent deformation during a 0.05 – 100 Hz frequency sweep test (~ 1.5 h)**

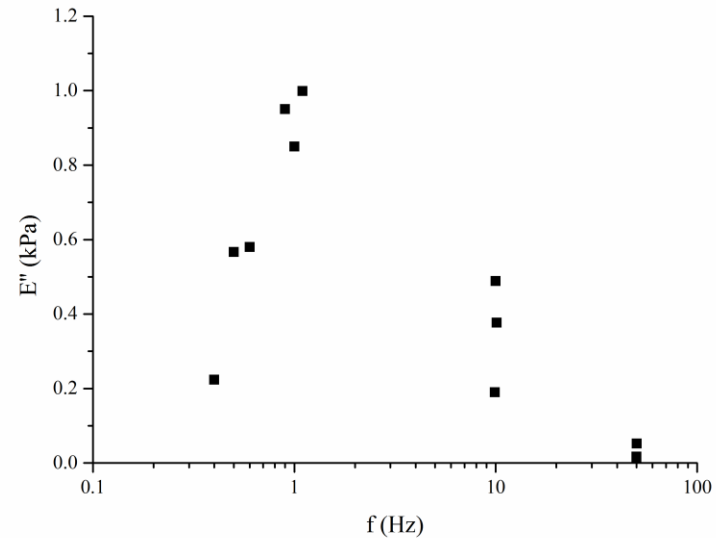
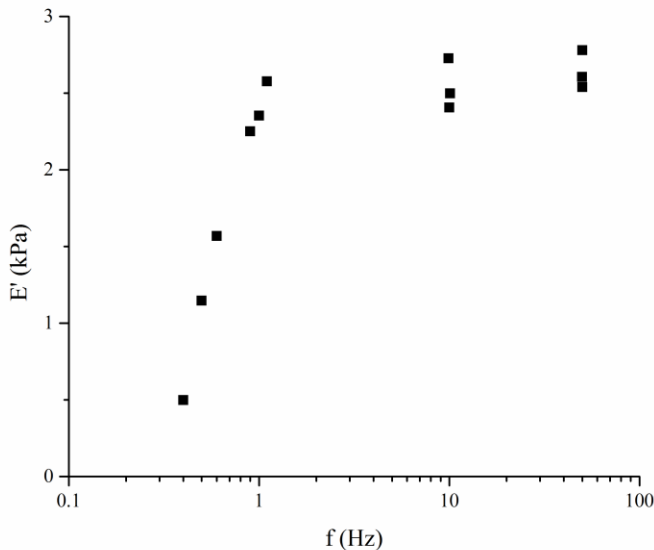
*GABO Eplexor 150N, 10mN trigger force*  
3 samples



# step-reconstructed (SRDMA)

G. Mattei, A. Tirella, G. Gallone, A. Ahluwalia, *submitted*

**SRDMA paradigm:** perform DMA measurements around specific  $f$ , then reconstruct  $E'(f)$  and  $E''(f)$  over the whole frequency range of interest

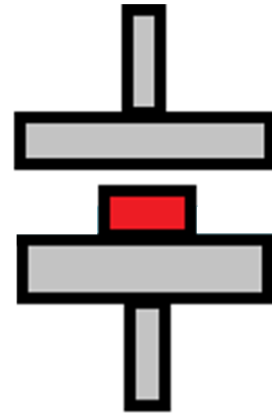
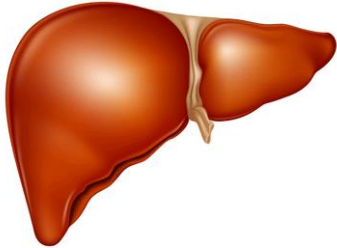


Storage ( $E'$ ) and loss ( $E''$ ) moduli measured around  $f = 0.5, 1, 10$  and  $50$  Hz ( $f - 0.1$  Hz,  $f, f + 0.1$  Hz)

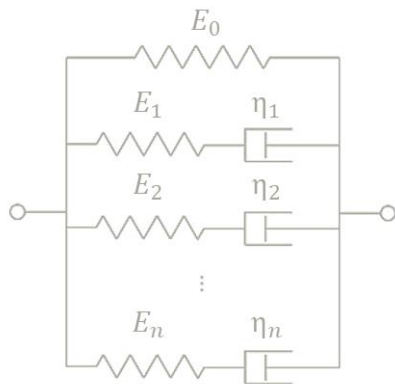
*GABO Eplexor 150N, 10mN trigger force*

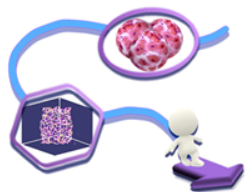
*3 samples x 4 f = 12 samples*

- ✓ Short testing time → no sample deterioration (< 2 % permanent compression in the *worst* case, i.e.  $f = 0.5$  Hz)
- x Trigger force → sample pre-load
- x Need preliminary tests or an *a priori* knowledge of the material relaxation behaviour to choose  $f$

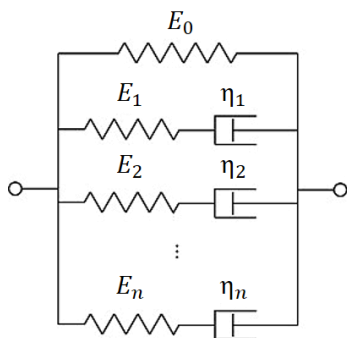


# Modelling viscoelastic behaviour





# Generalised Maxwell (GM) model



$$\tau_i = \eta_i / E_i \quad i^{\text{th}} \text{ relaxation time}$$

$$H_{GM}(s) = \frac{\bar{\sigma}}{\bar{\epsilon}} = E_0 + \sum_{i=1}^n \frac{E_i \eta_i s}{E_i + \eta_i s}$$

Transfer function in the **Laplace** domain

$\dot{\epsilon}M$  needs  $\sigma(t)$  response to a fixed  $\dot{\epsilon}$

SRDMA needs  $E'(f)$  and  $E''(f)$

General form

$$\bar{\sigma} = H_{GM}(s) \cdot \left( \frac{|\dot{\epsilon}|}{s^2} \right)$$

Laplace transform of a constant  $\dot{\epsilon}$  input with amplitude  $|\dot{\epsilon}|$



$$E_{GM}^*(f) = \underbrace{\left( E_0 + \sum_{i=1}^n \frac{4 E_i \eta_i^2 f^2 \pi^2}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right)}_{E'(f)} + i \underbrace{\left( \sum_{i=1}^n \frac{2 E_i^2 \eta_i f \pi}{E_i^2 + 4 \eta_i^2 f^2 \pi^2} \right)}_{E''(f)}$$

Max SLS  
( $n = 1$ )

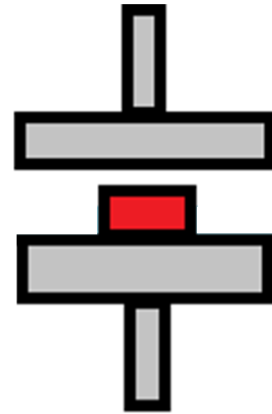
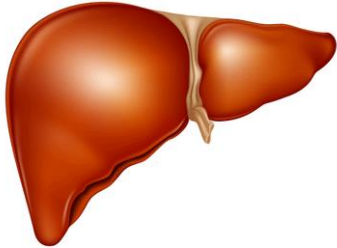
$$\sigma(t) = \dot{\epsilon} \left[ E_0 t + \eta_1 \left( 1 - e^{-\frac{E_1}{\eta_1} t} \right) \right]$$

substitute  $n = 1$  in the general equation

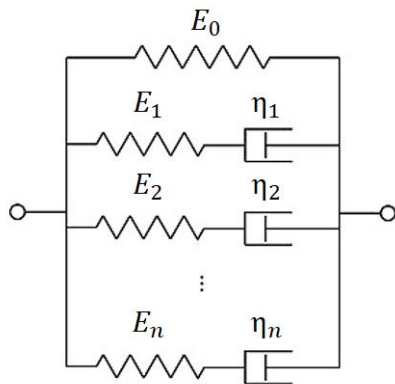
GM2  
( $n = 2$ )

$$\sigma(t) = \dot{\epsilon} \left[ E_0 t + \eta_1 \left( 1 - e^{-\frac{E_1}{\eta_1} t} \right) + \eta_2 \left( 1 - e^{-\frac{E_2}{\eta_2} t} \right) \right]$$

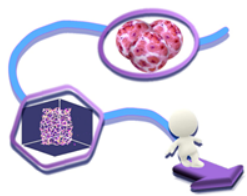
substitute  $n = 2$  in the general equation



# Lumped parameter estimation







# Global fitting with shared parameters

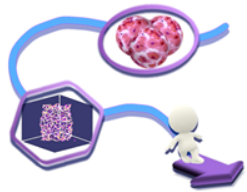
$\dot{\epsilon}M$

SRDMA

1. Choose a lumped parameter model
2. Calculate  $\sigma(t)$  response to a fixed  $\dot{\epsilon}$
3. Build a unique dataset for the global fit and share the viscoelastic parameters
4. Fix  $\dot{\epsilon}$  in the fitting equation of each experimental  $\sigma(t)$  to the applied  $\dot{\epsilon}$
5. Global fit performing  $\chi^2$  minimisation in a combined parameter space

Annealing scheme  
to avoid most of the local  
minima

Viscoelastic constants  $(E_i, \eta_i)$  for the chosen model



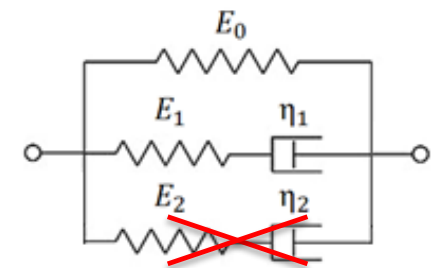
# Global fitting results

**Porcine liver viscoelastic parameters** (estimated value  $\pm$  standard error)

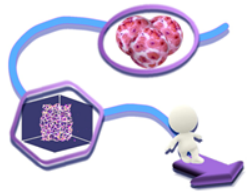
Parameter	Maxwell SLS		GM2	
	$\dot{\epsilon}M$	SRDMA	$\dot{\epsilon}M$	SRDMA
$E_{inst}$ (kPa)	$2.04 \pm 0.01$	$2.04 \pm (3.21 \cdot 10^2) n.s.$	$2.65 \pm 0.30$	$2.65 \pm (3.61 \cdot 10^5) n.s.$
$E_{eq}$ (kPa)	$0.91 \pm 0.01$	$0.91 \pm 0.01$	$0.89 \pm 0.22$	$0.89 \pm 0.56$
$\tau_1$ (s)	$1.10 \pm 0.02$	$1.10 \pm (3.05 \cdot 10^3) n.s.$	$0.20 \pm 0.06$	$0.20 \pm (1.14 \cdot 10^5) n.s.$
$\tau_2$ (s)	-	$1.10 \pm (3.43 \cdot 10^2) n.s.$	-	$0.20 \pm (0.65 \cdot 10^5) n.s.$
$R^2$	0.97	0.97	0.92	0.92

*n.s.*  $\rightarrow$  non significant estimate

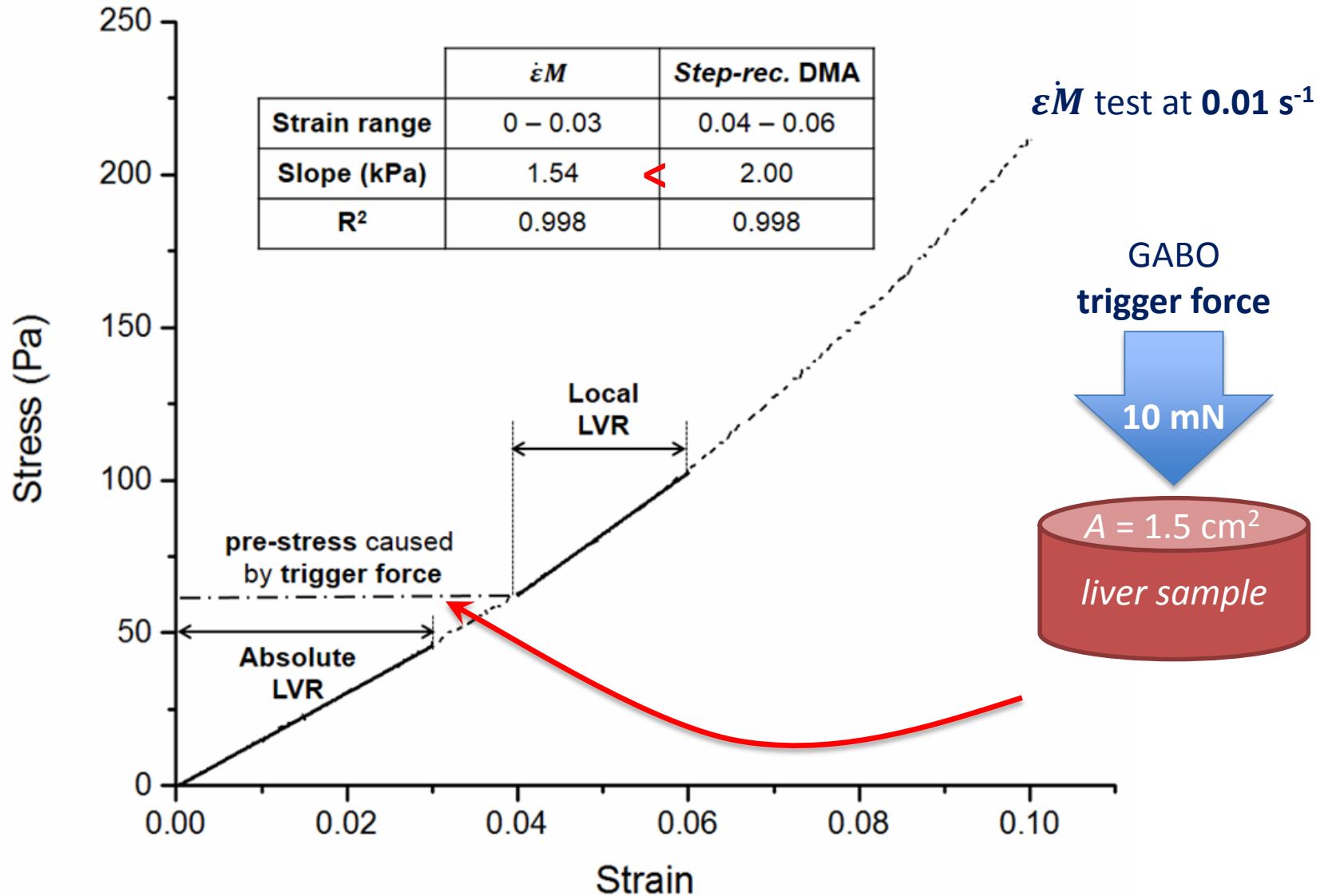
- ✓ **Maxwell SLS model is sufficient** whatever the method
- ✓ **GM2  $\rightarrow$  over-parameterisation** of liver viscoelastic behaviour

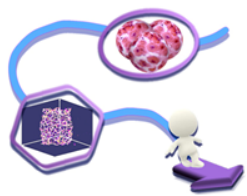


**$\dot{\epsilon}M$  and SRDMA results are significantly different ( $t$ -test,  $p < 0.05$ )**



# Absolute vs local LVR





# Testing very soft tissues: conclusion

Long test

F or strain trigger



sample status changes  
*conventional DMA*

Short test

F or strain trigger



local LVR  
*step-rec. DMA*

Short test

No trigger



actual properties  
 $\epsilon \dot{M}$

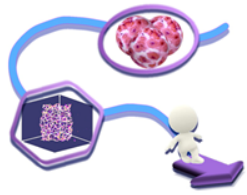
- $\epsilon \dot{M}$  gives a good estimation of liver viscoelastic parameters in the LVR
- A wider range of  $\dot{\epsilon}$  should be considered for a more accurate estimation of  $\tau$
- Caution in **over-interpreting *ex-vivo* data** (sample status is generally different than *in-vivo* and dependent on many factors, such as T, preservation period)



**MY ACTIVITIES AT RESEARCH CENTRE «E. PIAGGIO»**

**ENGINEERING PATHOPHYSIOLOGICAL  
3D IN-VITRO ORGAN MODELS**

# Project context: SoA



Animals



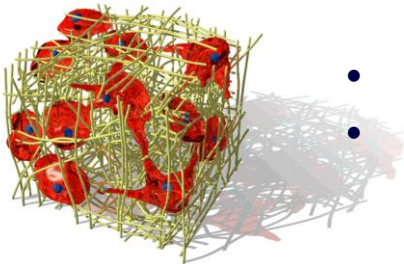
- **Scarcely representative** and **poorly predictive** for humans
- **Low benefit/cost** ratio and **not** suited for **high-throughput** testing
- **Ethically unacceptable**

In-vitro 2D



- **Standardised** platforms for **systematic, reliable** and **quantitative** study of **cell physiology, disease mechanism** and **drug efficacy**
- **Cells on 2D substrates** behaves **differently than *in vivo***

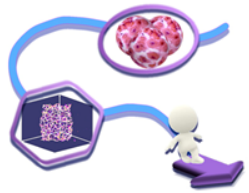
In-vitro 3D



- **Better mimic** the **native cell micro-environment (ECM)**
- Provide **appropriate structural** and **functional support** to cells as well as **rational cues** for **diagnostic** and **therapeutic studies**

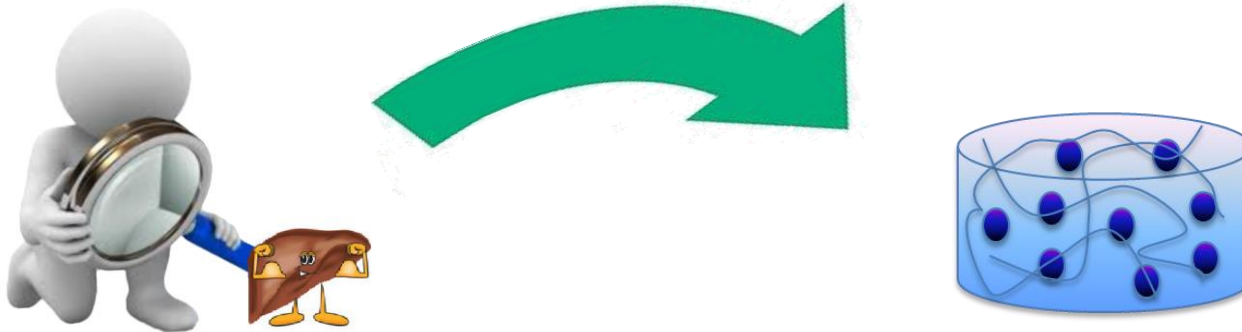
# The strategy

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- **Tissue decellularisation and characterisation to derive ideal design specifications for ECM-mimicking scaffolds**
  - **Physicochemical characterisation**
  - **Histology**
  - **Mechano-structural analysis**

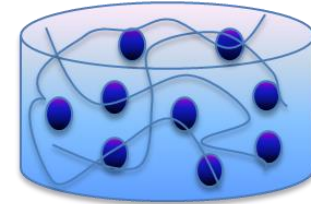
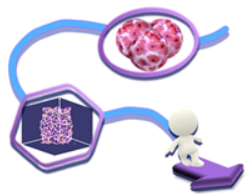
# The strategy



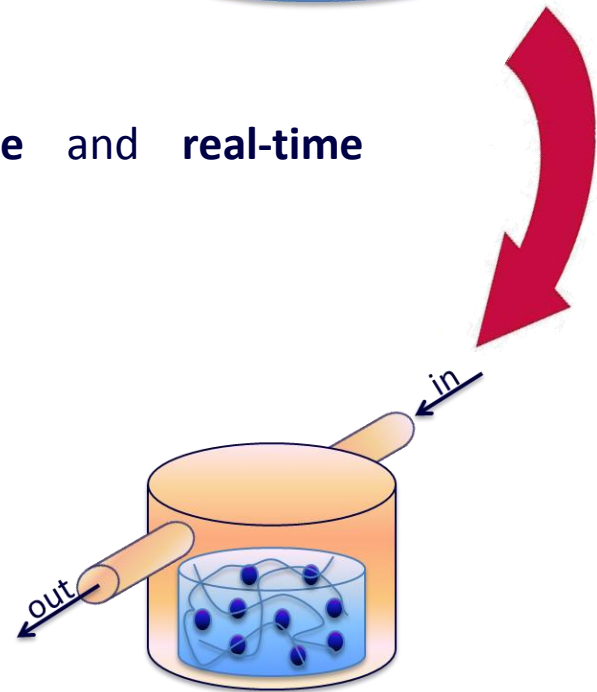
- **Modular approaches** to design **smart responsive biomimetic scaffolds** that:
  - **mimic key features** of the **native ECM**
  - **simulate tissue pathophysiology**
  - **provide** cultured cells with **specific cues** for the **selective study** of **cell behaviour and function**
  - **monitor** and **control 3D cellular environment**



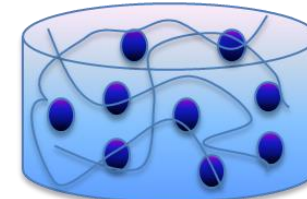
# The strategy



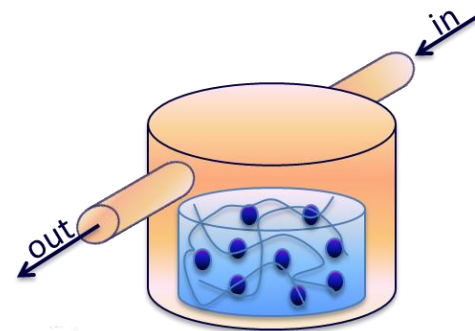
- Design **bioreactors** to **cultivate** and **real-time monitor** the **cellular constructs**

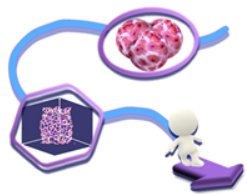


# The strategy



- **Cell experiments** to assess the usability of developed **cell-scaffold-bioreactor** systems as platforms for **engineering pathophysiological 3D *in-vitro* organ models**



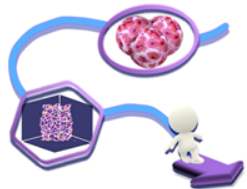


# Bachelor thesis OPPORTUNITIES

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- Liver **ECM-derived gels**
- **Brain clarification** and **slicing** for morphometric 3D analyses
- Acquisition and analysis of **human claustrum**
- Design of **low-cost devices** for **Africa project**
- Design and realisation of **mechanic** and **electronic components** for **new devices** for:
  - Cell cultures
  - Mechanical testing of tissues and biomaterials
  - Non-invasive real-time monitoring of 3D micro-environments
- **Calibration** of various **sensors** using **experimental** and **statistical methods**

<http://www.centropiaggio.unipi.it/course/material/tesi-triennale.html>



# Contacts

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